

## Workforce Development and Community Initiatives

### Mental Health First Aid

DWMHA has offered FREE courses to increase mental health awareness and reduce stigma. Mental Health First Aid trainings are designed to teach people methods of assisting someone in the early stages of developing a mental health challenge or in a mental health crisis. Over the course of the last 2 years we have trained nearly 10,000 people including first responders, clergy, school personnel and the general public. New classes are posted on our website at [www.dwmha.com](http://www.dwmha.com)

### Constituent's Voice

A consumer driven body whose purpose is to advise the DWMHA President and CEO with respect to the design, delivery, implementation, and evaluation of mental health programs and services in Wayne County. Constituents' Voice collaborates with advisory groups, ad hoc committees, and workgroups at the network and provider levels with the goal of aligning efforts, programs, policies, and procedures to advance community inclusion for individuals with mental illness and developmental disabilities. If you'd like to get involved visit our website at [www.dwmha.com](http://www.dwmha.com)

### School-Based Programs

DWMHA works cooperatively with local schools and school counseling centers to provide greater access to mental healthcare services to adolescents in over 60 Wayne County schools.



*The Detroit Wayne Mental Health Authority is committed to assuring the accessibility of effective community services that empowers individuals and families to achieve an enhanced quality of life."* Herbert C. Smitherman, Jr., M.D.  
DWMHA Board Chairman

The DWMHA board consists of 12 individuals; 6 nominated by the Mayor of the City of Detroit and 6 by the Wayne County Executive. All nominees are then approved and appointed by the Wayne County Commission.

### BOARD OF DIRECTORS

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## 24 Hour Crisis HelpLine 800-241-4949

The Authority oversees services in coordination and collaboration with five Managers of Comprehensive Provider Networks (MCPNs) and over 80 provider organizations.

### Persons with Mental Illnesses

**CareLink Network**  
(888) 711-5465

### Persons with Intellectual / Developmental Disabilities

**Community Living Services**      **Integrated Care Alliance**  
(734) 467-7600                              (866) 724-7544

**Consumer Link Network**  
(888) 711-5465

### Substance Use Disorder Prevention, Treatment and Recovery

Contact DWMHA at **800-241-4949** for the Substance Use Disorder Provider nearest you.

Access to Service  
800-241-4949

Customer Service  
888-490-9698 / 313-833-3232

Recipient Rights  
888-339-5595

### Services for Deaf Individuals

The deaf and hard of hearing can receive help by calling:  
TTY/TDD: 800-630-1044



For more information about programs and services available in your area visit our website at:  
[www.dwmha.com](http://www.dwmha.com) or call **313-833-2500**



# Detroit Wayne Mental Health Authority

*DWMHA is a safety net organization that provides a full array of services and supports to provide empowerment to persons within our behavioral health system. Serving over 80,000 citizens in Detroit and Wayne County with mental illness, intellectual and developmental disabilities and substance use disorders.*

## 24 Hour Crisis HelpLine

800-241-4949

Detroit Wayne Mental Health Authority  
707 W. Milwaukee St.  
Detroit, MI 48202

*Tom Watkins, President and CEO*

*Consumer and Community Focused  
Data Driven  
Evidence-Based*

## Mental Illness Programs and Services

Need help? Contact the Access Center at **800-241-4949** or services around Wayne County nearest you.

### Infant Mental Health

- Pregnant and/or a parent with a child between the ages of 0-3 years; parent(s) struggling with mental health concerns. Infants experiencing low birth weight, eating or sleeping difficulties, delays in developmental milestones, infants failing to thrive. Infant/Toddler with emotional or behavioral challenges.

### Mobile Crisis Outreach

- C.O.P.E (Community Outreach for Psychiatric Emergencies) is a 24-hour, community-based, face-to-face Mobile Crisis Stabilization Teams that provides services in emergency departments to the residents of Wayne County experiencing a behavioral health crisis . Their assistance will provide: psychiatric evaluations, screening and suicide risk assessment, pharmacological management, determination of clinical eligibility in addition to triaging most patients within 3 hours. provide: psychiatric evaluations, screening and suicide risk assessment, pharmacological management, determination of clinical eligibility in addition to triaging most patients within 3 hours.

## Children's Initiative's

DWMHA offers a variety of intensive, short-term individual, family and group counseling services to youth, parents and families. Educational, support and skill development groups



- Adjustment/Disorders
- Conflict/Resolution
- Grief & Loss
- School/Ttruancy
- Anger/Management
- LGTBQ
- Parent Child Relational Problems
- Guidance/support in times of crisis

## Intellectual and Developmental Disabilities Programs and Services

- Peer Mentorship
- Advocacy
- Benefits Planning
- Housing
- Supported Employment
- Transportation
- Post-Secondary Education
- Person-Centered Planning
- Independent Facilitation
- Advocacy
- Guardianship/Alternatives
- Healthy Living
- Assistive Technology
- Recreation/Community Participation



### Autism Benefits

- Autism Spectrum Disorder is a developmental disability caused by a problem in the brain. To receive ABA services in Wayne County, the child must be screened. Either the child's Primary Care Physician or the Detroit Wayne Mental Health (DWMHA) Access Center can help start this process.
- ABA is an intensive, behaviorally-based treatment that uses various techniques to bring about meaningful and positive changes in the communication, social interaction, and repetitive/ restrictive behaviors that are typical of ASD.
- DWMHA works with eight ASD Benefit Providers and offers services to individuals younger than 21.



**TO ACCESS DWMHA SERVICES CALL 800-241-4949**

## Substance Use Disorders Programs and Services

- 41 treatment providers
- 34 prevention providers
- 15 community coalitions
- 8 recovery support providers/programs
- 2 early intervention providers
- Approximately 120 peer recovery coaches
- Opiate maintenance treatment providers
- Gender specific providers, including those with living arrangements for women and their children



- |                                   |                             |
|-----------------------------------|-----------------------------|
| • Prevention                      | • Case management           |
| • Outpatient                      | • Co-occurring Capable &    |
| • Residential                     | • Enhanced Programs         |
| • Day Treatment                   | • Relapse Recovery Services |
| • Recovery Housing                | • Peer Recovery Supports    |
| • Methadone Therapy               | • Acupuncture               |
| • Medication Assistance Treatment | • Citizen Re-entry Program  |
|                                   | • Sub- Acute Detoxification |

### Opioid Overdose Kits

In 2016, DWMHA began training and equipping hundreds of first responders in Wayne County with free Opioid Overdose Kits so they can be better prepared in the field when encountering a person who may be in a potential opioid overdose situation.